A double-sided stethoscope must be rotated to the correct side prior to use. Below is an example of how to rotate the chest-piece, a quarter turn, to open (or index) the side being used — bell or diaphragm. This prevents sound from entering through the opposite side. The hole on top of the bell will indicate if it's open or closed.



The headset is made up of two ear-tubes and a tension spring located at the base. The headset tension can be adjusted for individual fit and comfort by pulling the ear-tubes apart to reduce the tension or squeezing them together (crossing them over) to increase tension.

